From 6 to 8 June, the Formentera Office of Social Welfare will offer a course in affective-sexual training for pupils in primary years five and six and their families. Participants will learn the basics of maintaining respectful and healthy relationships –not only with others, but with themselves as well– and review the hormonal, emotional and physical changes typical of adolescence.

On the same days as the in-school workshops, another training course will offer parents resources to support and guide their teenage children and to address affective-sexual issues. Parents of pupils in years five and six at CEIP Sant Ferran are asked to attend on 6 June; parents in La Mola, on 7 June, and parents at CEIP Mestre Lluís Andreu, on 8 June. Workshops begin at 5.00pm and are held at each respective school.

The training will be led by Teresa Ramos, a social educator and sexologist who facilitates trainings in schools in the Balearic Islands.

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